

**21ST FEBRUARY 2021
FIRST SUNDAY
OF LENT**



**ST JOSEPH'S &
ST EDMUND'S
CITY CENTRE CATHOLIC
PARISH SOUTHAMPTON**
ROMAN CATHOLIC DIOCESE OF
PORTSMOUTH REG. CHARITY NO. 246871

**STELLA MARIS DEANERY
INCLUDES:**

- ST. BONIFACE, SHIRLEY
- HOLY FAMILY, MILLBROOK
- ST. VINCENT DE PAUL,
LORDSWOOD
- IMMACULATE CONCEPTION,
PORTSWOOD
- CHRIST THE KING &
ST. COLMAN'S, BITTERNE
- OUR LADY OF ASSUMPTION,
HEDGE END
- ST BRIGID, WEST END
- ST. PATRICK'S, WOOLSTON
- THE ANNUNCIATION,
NETLEY ABBEY



THE PAIN OF SEPARATION, THE JOY OF RECONCILIATION

Separation from parents at a young age can cause much distress to children. According to Professor Ian Gotlib, the chair of the Psychology Department at Stanford University in California, parents provide a supporting and nurturing role in promoting their child's development. They also protect their children from the consequences of significant psychological stress by shielding them from trauma and help them regulate their emotions. When a child is separated from their parents, this is traumatic in itself, both their physical and psychological development is usually affected. During separation, children excrete high levels of the stress hormone cortisol which can affect brain development. This trauma can also lead to depression, anxiety and acting out behaviours. Separation can also be traumatic for parents, which lead to despair, guilt, blame and depression.

In the First Letter of St John, John tells us that we are called the children of God, and that is what we really are, His children (3:1). Naturally when we hurt someone or they hurt us, we, or they, get upset, and separation occurs, especially if no apology is made. It is only when we acknowledge the hurt caused and an apology is made, is reconciliation really possible. This also happens in our relationship with God. When we sin, God is also hurt by our actions. When we sin, not that God wills it, but the natural consequences of actions cause us to separate from God. In the same way that a child may suffer trauma when separated from their parents, as children of God, being separated from God can also be traumatic for us. Not only is it traumatic for us, but in the same way that parents suffer when separated from their children; as our Father, this is traumatic for God too. In the book of Lamentations, God laments the fall of His people Israel to the Babylonian Kingdom. Although He allows them to fall, this was for their own good as they had been walking along the wrong path. God reassures them of better days ahead and the restoration of their Kingdom. On the cross, after being mocked by the religious leaders who tell Him to come down from the cross, Jesus says, "Father forgive them they do not know what they are doing." Despite the suffering they cause Him, Jesus recognises that because of their hatred they have put their own souls in danger, and shows great concern for them. On Ash Wednesday, in the Book of Joel, after the people of the Kingdom of Judah turn away from God, the Lord says, "come back to me with all your heart, fasting, weeping, mourning. Let your hearts be broken, not your garments torn, turn to the Lord your God again, for He is all tenderness and compassion, slow to anger, rich in graciousness, and ready to relent". Despite the fact the people have turned away from God, He does not want to see His children continue to suffer and their separation to go on any longer. He wants to heal their trauma, and by their return, He wants His own trauma to be relieved too, knowing they are safely back in His arms where they belong.

To repent, is to show sorrow. When we repent of our sins, we show the Lord that we are sorry for the actions we have fallen into which are not good for ourselves or others. This is most pleasing to the Lord, because He is able to bring us back into full communion with Himself and others. In Catholicism, there is a saying 'God's mercy is greater than our sin'. The season of Lent is a season of repentance. In the same way that God calls the people back to Himself in the book of Joel during Lent, God also calls us back to Himself. He calls us to discover ever deeper that He is a loving Father with a merciful heart who is only concerned for our safety. Like the people of Judah, if He lets us fall away, it's only so he can bring us back even stronger in faith.

Father Ansel D'Mello

THOUGHTS FOR THE WEEK

1. The Gospel says Jesus was 'tempted by Satan'. When have you been 'tempted' to do what is not good/right/just/of God? How did you respond? Why?
2. God established a 'Covenant' with Noah and 'every living creature of every kind' (1st reading). How do you understand that covenant? How does that affect your view/relationship with creation?
3. Your Baptism, St Paul writes (2nd reading) is a 'pledge made to God'. How do you live out that pledge? Think of some examples!

Vincent Harvey

TODAY 21ST FEBRUARY 2021 FIRST SUNDAY OF LENT

ALL KNEEL FOR PENITENTIAL RITE (if able to): even at home!!

BLESSING OF PRE-MARRIAGE COUPLES at 7pm Mass. Come and join us online as we welcome and bless 7 couples who have participated in our current pre-marriage course. Support them with your prayerful presence.

STATIONS OF THE CROSS STREAMED from St Edmund at 6:15pm online.

MASSES ARE BEING STREAMED:

St Edmund streaming link: <https://www.youtube.com/channel/UCx08VII2ww0whsj6gLPptcQ>

St Joseph streaming link: <https://www.youtube.com/channel/UCUxGYYxAgmPBgKbk2ufciVw>

SUNDAY AND WEEKDAY PUBLIC MASSES: **Look closely at the times and method of booking.** Do not turn up without booking as you may be denied entry (they may be space but you are taking a risk!). **There must not be any congregational singing.....you may hum through your mask! Masks must be worn** by law.

THE PARISH OFFICE IS CLOSED to casual visitors. **Please phone or email in.**

RECENTLY DIED:



Derrick Austin, late of Sholing. Requiem Mass 11:30am Tuesday 23 February 2021 in St Edmund Church followed by committal at Southampton Crematorium. *May Derrick rest in peace; please keep his family in your prayers.*

Lawrence Salvador Rodrigues late of Orchard Lane, Southampton. Requiem Mass at 12 noon on Tuesday 23 February 2021 in St Joseph Church followed by committal at the East Chapel, Southampton Crematorium. *May Salvador rest in peace. Please keep his family in your prayers.*

Pat O'Neill, late of Sunrise Living and Blenheim Avenue, Southampton. Requiem Mass at 10:30am on Friday 26 February 2021 in St Joseph Church followed by burial at Hollybrook Cemetery. *May Pat rest in peace. Please keep his wife Ann and the family in your prayers.*

POPE FRANCIS' INTENTION FOR FEBRUARY: Universal: Violence against women: For women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

POPE FRANCIS AND THE GRAND IMAM SPEAK amongst others, including Archbishop Justin Welby at the Zayed Award Ceremony promoting human fraternity. Well worth watching (comment by Vincent H): <https://zayedaward.org>

THIS WEEK

ONLINE EVENING PRAYER online every Sunday at 5:30pm and Wednesday at 6pm. To join email Deacon Andy at aphilpott@portsmouthdiocese.org.uk

STATIONS OF THE CROSS online at 6:15pm on Fridays and Sundays during Lent from St Edmund.

ROSARY GROUP meet online every Tuesday at 8pm during Lent (23 Feb, 2, 9, 16, and 23 March. Zoom Link <https://us02web.zoom.us/j/3050730356>

EST GROUP meeting 8pm Wednesday 24 February online.

RICHARD ROHR GROUP meet Thursday 25 February online.

ALPHA COURSE continues Thursdays at 7pm online. Let Father Vincent or Father Ansel know if you would like to join the next course or email the Parish Office southamptoncitycentre@portsmouthdiocese.org.uk

LITURGY GROUP meet at 8pm Friday 26 February online.

FOR INFO:

Mon	VH/ADL off
Tues	Ecumenical Meditation Group: VH
Wed	CA Trustee training
	SLT meeting: VH/TQ/AP/AW
Thurs	Reading Camino Zoom: VH
Fri	Priest Ministry Group: VH

COLLECTIONS: ongoing income is, as we know, vital. This can be done:

- o **Online**.... already mentioned, but as a reminder: accessible via the Parish Website
- o **Bank Transfer** (details also on the Parish website)
- o **In a clearly marked envelope** put through the Presbytery or Office letter box
- o **A 'bucket' at the back of church** during the weekdays and Sundays

PRAYER TO ST JOSEPH

*Glorious Patriarch Saint Joseph,
whose power makes the impossible possible,
come to my aid in these times of anguish and difficulty.
Take under your protection
the serious and troubling situations that I commend to
you,
that they may have a happy outcome.
My beloved father, all my trust is in you.
Let it not be said that I invoked you in vain,
and since you can do everything with Jesus and Mary,
show me that your goodness is as great as your power.*

A few words from Father Vincent

We have arrived and Lent opens up in front of us! Despite lockdown it was great to see how many people booked into the Ash Wednesday Masses, or logged in online. Lovely to see families joining in. This time last year the churches were full and we were unaware of what lay ahead of us! Because of this Lent, for me at any rate, has a different significance! I know it will not be normal; I know we cannot do all the liturgical actions we usually do; I know that this Lent is going to be a real desert experience for many of us, certainly for me!

I have taken up the 'Rosary Chain' (The Annunciation) which will enable me to ask the Lord "are you with me?", and in what way "are you with me?" I am going to ponder and dig deeper into the 'Prodigal Son' (Luke 15:11) for myself and my/our vision for the Parish (our Mission Statement is based on this Parable!). This means getting up by 6am so say a prayer that the spirit is stronger than the bed, or stronger than my desire to stay in bed!!

So I have set myself an agenda which I fear, as I know Vincent Harvey quite well, will not fully succeed!! But try I must! "If at first you don't succeed....." and all that! What's your 'Lenten Agenda'? How are you going to join Jesus in the desert of God's presence? How are you going to make the most of Lent? Have a go! Go for it!

Don't forget Lent resources:

Stations of the Cross on line from St Edmund at 6.15pm on a Friday and Sunday

Half-hour reflection after 7pm Mass on a Wednesday (approx. 7.45-8.15pm)

Websites for on line retreats (see elsewhere)

Booklets: 'Walk with me' (adults): £1; (children): £1;

Lent calendar for children: 40p.....at the back of church

Liturgies for use at home from the Schools Department (on our webpage)

The Lent Rosary contact Catheryn see elsewhere

Scripture quotes if you were not able to make an 'Ash cross' you can still put an A4 in the window or create your own card for yourself with a quote: 'Come back to me' or 'Turn from sin and believe in the Gospel' or 'The Father was filled with compassion and love' or 'Pray Fast Give' or 'Purify my heart' or choose your own Scripture quote. Go for it!

Keep safe! Be safe! Think of others! And remember: if you suspect you have been near someone with coronavirus, or are not feeling well yourself, stay at home and certainly DO NOT mix with others; also refrain from coming to church; think of others!

Remember, remember..... everything is on the [website: www.southampton-city-catholics.org.uk](http://www.southampton-city-catholics.org.uk)

Thank you for reading this I hope! Have a good week.
Vincent H



Catholic Agency for
Overseas Development

CAFOD LENT APPEAL:

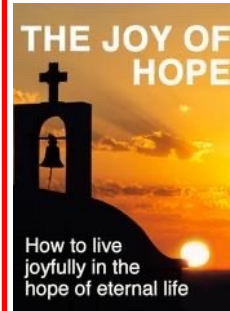
Abdella lives in an extremely remote and mountainous part of Ethiopia. It takes him ten hours a day to collect water. He says his life is being wasted as he has no time for anything else.

Give today to reach vulnerable communities around the world with water and to provide other vital support.

Donate online at cafod.org.uk/lent or phone 0303 303 3030. You can also give via text. Text LENT 5 to 70460 to donate £5 or Text LENT 10 to 70460 to donate £10 or LENT 20 to 70460 to donate £20. Many thanks for your support. If you'd like to give £10 but do not wish to receive marketing communications, text LENTNOINFO to 70460.

Link to a short 2 minute film about Abdella:

[Lent Appeal 2021: Abdella's walk for water | CAFOD on Vimeo](#)



THE JOY OF HOPE: An online CaFFÉ course during Lent.

Starting at 11am on Monday 1st March (and following 3 Mondays 8, 15 & 22).

An inspirational, uplifting and practical insight into the joy of living now, with hope in the future blessing of Eternal Life with God in Heaven. Each session runs for 90 minutes.

Email southamptoncitycentre@portsmouthdiocese.org.uk to book or call 023 8033 3589. If you would prefer an evening course please let us know.

LENTEN ROSARY PRAYER CHAIN

around Southampton by saying a specific decade of the Rosary to contemplate and pray every day, wherever you wish, during Lent.

Let's surround Southampton with this powerful form of prayer to gain Our Blessed Mother's unfailing protection for ourselves and those around us!

Contact Catheryn Hulme to be given your specific decade, by e-mail: catherynhulme1@hotmail.com or Mobile 07534 110 228 / landline (023) 8057 1704.

LENT ONLINE RETREATS

1. **'Holy Week Voices of the Holy Land'** - a book of poems and reflections for Lent and Easter. Available from the Friends of the Holy Land for only £9.98 including postage. Go to <https://www.friendsoftheholylan.org.uk> OR

2. **'The Art of Listening' Benedictine tradition** from Belmont Abbey. Mornings 10am to 1pm Wednesdays 24 February, 3, 10, 17 & 24 March. Watch an introductory video at <https://www.belmontabbey.org.uk/listening-in-lent>

CATHOLIC UNIVERSE AND CATHOLIC TIMES

Subscription—see website www.thecatholicuniverse.com or call 0161 820 5722 to arrange to email or post it to you.

PLEASE PRAY FOR all in the Parish who are ill, undergoing treatment or affected by the Coronavirus in any way or experiencing extreme poverty.

MASS INTENTIONS FOR WEEK COMMENCING SUNDAY 21 FEBRUARY 2021

(Church key to City Centre Catholic Masses below are SJ = St Joseph's Church, Bugle Street, SO14 2AH and SE = St Edmund's Church, The Avenue, SO17 1XJ)

SAT	20 FEB	VIGIL MASS	6:15PM	SJ	SIMON RIP, ANULA DAULAGALA RIP, LIONEL CALDERA RIP (ANUSHKA & FRANCIS PONNIAH)
SUN	21 FEB	FIRST SUNDAY OF LENT	9:00AM	SE	ELIZABETH & JOHN WARD RIP (F)
			**	SE	KV—THANKSGIVING (MC & EC)
			10:30AM	SJ	DECEASED MEMBERS OF THE HASTINGS & MORAN FAMILIES (MM)
			7:00PM	SE	PHANUEL MENSAH 5TH BIRTHDAY—GOD'S BLESSINGS & THANKSGIVING (ANUSHKA PONNIAH)
TUES	23 FEB	OF THE FIRST WEEK OF LENT	<u>10:00AM</u>	SE	MASS CANCELLED
			11:30AM	SE	REQUIEM MASS: DERRICK AUSTIN
			12 NOON	SJ	REQUIEM MASS: LAWRENCE SALVADOR RODRIGUES
WED	24 FEB	OF THE FIRST WEEK OF LENT	7:00PM	SE	SPRINGHILL SCHOOL INTENTIONS (AD'M)
THURS	25 FEB	OF THE FIRST WEEK OF LENT	12:15PM	SJ	SALVATION OF THE WHOLE OF ISRAEL (THEOS)
FRI	26 FEB	OF THE FIRST WEEK OF LENT	10:30AM	SJ	REQUIEM MASS: WILLIAM (PAT) O'NEILL
			7:00PM	SE	PRIESTS & VOCATIONS (HH)
SAT	27 FEB	OF THE FIRST WEEK OF LENT	11:00AM	SE	FRANCISCA DE LAJUSTICIA RIP (MT)
			6:15PM	SJ	JOHN FOLEY RIP
			7:00PM	SE	MASS IN POLISH
SUN	28 FEB	SECOND SUNDAY OF LENT	9:00AM	SE	THANKSGIVING FOR PRAYERS ANSWERED (HP)
			10:30AM	SJ	JEAN PRESTON RIP (IK)
			7:00PM	SE	BELLA FERNANDES RIP (YE)

STELLA MARIS DEANERY PARISHES—MASS TIMES Holy Family, Millbrook Sat Vigil 18:30; Sun 10:30am; 1:00pm (Polish); Holy Day 19:00. St. Boniface, Shirley Sat Vigil 18:30; Sun 08:30; 10:30; Holy Day 10:00; 20:00. St. Vincent de Paul, Lordwood Sun 09:30; Holy Day 10:00. Christ the King & St Colman Sun 11:00; Holy Day 19:00. Immaculate Conception, Portswood Recon: Sat 10:30 (After Mass); Sun 08:30; 10:30; Holy Day 10:00; 19:30. Our Lady of the Assumption, Hedge End Sun 09:15; St Brigid, West End Sun 17:30; St Patrick, Woolston Sat Vigil 18:00; Sun 11:00; Holy Day 09:15 (term time); 10:00 (outside of term time). The Annunciation, Netley Abbey Sun 09:00, Holy Day 19:00.

CONTACT DETAILS:

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Father Ansel Tel. No.	023 8017 2104
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Email address:	aphilpott@portsmouthdiocese.org.uk
Parish Secretary:	Mrs Anne Wheeler
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Parish Website:	www.southampton-city-catholics.org.uk
Pastoral Assistant:	Mrs Tina Quinn / Mobile 07827 810 457
email:	tquinn@portsmouthdiocese.org.uk
Catholic Home Care:	Mrs Anne Monaghan 023 8017 0498
Email address:	catholichomecare@portsmouthdiocese.org.uk
Hospital Chaplaincy:	023 8120 8517—Father Joe McNerney
Stella Maris (AoS):	Father John Lavers Mob. No. 07720 093 156
Poitiers Care Project:	Brian Arthur 07796 161 047/0238029 2692
Polish Chaplaincy:	Father Mariusz Urbanowski
Tel. No.	023 8178 6316
email:	southampton@tchr.org
Address:	15 Landguard Road Southampton SO155DL
Safeguarding Rep:	Claire Thompson (via Parish Office)
Solent Uni. Chaplain:	Sister Emiliana Silva—Mob. 07426 000 213
	email: emiliana.silva@solent.ac.uk
S'oton Uni. Chaplains:	Sister Valentina Stilo
	Mob 07983883377
OUR CATHOLIC SCHOOLS:	Springhill Primary 023 8033 3954
	St Anne School 023 8032 8200
	St George College 023 8032 2603

PRAYER OF THE CHURCH WEEK 1

21 FEBRUARY 2021 FIRST SUNDAY OF LENT

Psalm Response:

Your ways, Lord, are faithfulness and love for those who keep your covenant.

Gospel Acclamation:

Praise to you, O Christ, king of eternal glory!
Man does not live on bread alone, but on every word that comes from the mouth of God.
Praise to you, O Christ, King of eternal glory!

READINGS 28 FEBRUARY 2021

SECOND SUNDAY OF LENT

1st Reading: Genesis 22:1—2.9—13.15—18
2nd Reading: Romans 8: 31—34
Gospel: Mark 9: 2—10

2ND COLLECTION TODAY CATHOLIC HOME CARE

2ND COLLECTION NEXT WEEK CAFOD LENT FAST DAY

PARISH INCOME 14.2.2021	DONATIONS & STANDING ORDERS	2ND - CHURCH MAINTENANCE
Totals	£2,063.86	£124.25
Donations	192.97	18.00
Standing Orders	1,518.71	85.00
Gift Aid Rebate	352.18	21.25