



Donate



AUGUST 28TH 2022 | 22ND SUNDAY IN OT

ST JOSEPH'S & ST EDMUND'S

City Centre Catholic Parish Southampton



Website



IS HUMILITY AN ARCHAIC VIRTUE IN THE 21ST CENTURY?

Cardinal Rafael Merry del Val was one of the powerful figures of the Catholic Church at the onset of the 20th century. He was born into one of the noble families in Spain, educated in the best schools here in England before going to Rome where he was ordained a priest, consecrated a Bishop at a young age, became the Secretary of State to Pope Pius X in 1903 at the age of 38, and made a cardinal two months afterwards. Although Cardinal Rafael Merry del Val was a refined and an outstanding churchman, he is not known for the above posts he occupied and the authority he wielded; he is known for the LITANY OF HUMILITY which he composed and prayed every day after celebrating Mass. In the Litany of Humility, Cardinal Rafael asked God to deliver him and indeed all of us from the desire of being praised, being preferred to others, and being approved; from the fear of being forgotten, ridiculed and wronged; and to grant us the grace to desire that others be esteemed more than us, increase while we decrease and preferred to us in everything. This sounds harsh, doesn't it?

In this Sunday's readings, we are admonished to be humble in our thoughts, words, and actions. The Greek word for humility as used in our readings this Sunday is Tapeinoo which means to have a modest opinion of oneself and to behave in an unassuming manner. In a world of Me, Myself and I, this invitation can be a daunting task as well as an uphill battle. However, it is important for us to remember that the world does not revolve around ourselves alone; yes, each of us is a first-born son/daughter of God and all of us are citizens of heaven. C.S. Lewis was spot on when he said: "True humility is not thinking less of yourself; it is thinking of yourself less." With the Servant of God – Cardinal Rafael Merry del Val, let us familiarise ourselves with the LITANY OF HUMILITY, asking God for the grace to realise it is not always about us and that none of us is indispensable. Jesus, meek and humble of heart, make our hearts like unto Thine!!!

Fr Johnpromise

Today's Notices

Twenty-second Sunday in Ordinary Time

Baptisms at St Joseph's 11.30am and St Edmund's 12.30pm

Please continue to sanitise hands coming into church

Next Sunday Notices

Twenty-third Sunday in Ordinary Time

Second Collection for Church Maintenance Fund

This Week...

Tues St Michael's Meditation Group @ 6pm
Adoration in St Ed's until 8pm (weekly - do join!)

Wed Evening Prayer @ 6pm.... to join email Dcn Andy

For Info...

Mon VH/JP day off

Wed Team Meeting VH, JP, AP

Prayers

Parish Rosary Group. If you would be interested in joining an in-person rosary group please follow this QR code, or contact the Parish Office. It would be lovely to restart an evening group if there is an appetite.



Never prayed the Rosary? Wonder whether it's important?

<https://www.franciscanmedia.org/franciscan-spirit-blog/why-pray-the-rosary>

We pray for the families and friends of pregnant women. That they would recognise their responsibility to care for the mother and child, and that they would shower them with love and support through the journey of pregnancy and beyond. Lord hear us



Please remember especially in your prayers

Laneisha Vaz, Sr Maria Innocenta, Jack, Jannette and Robert Keith, Margaret Hicks, Margaret Murray, Mary Mullen, Abi, Mary O'Reilly, Valerie, Christopher Browne, Oliver, Carmen Escorcio, Simon, Bernadette, Sue, Clifford Cross, Kelly and all in the Parish who are ill, dying, undergoing treatment or are experiencing distress.



Calling all Adorers!

St Edmund's is still in need of new (or returning) Adorers during the week. If you feel put off because committing indefinitely is daunting, why not try coming for 2/3 weeks and then deciding?

Please get in touch with Anna on **07956 379 542** if you feel able to help/join!

The gaps we need filling most are:

Monday 12 - 5pm

Tuesday 11am - 1pm (for the coming week!!)

Wednesday 11am - 4pm and 5-6.30pm

Friday 12 - 2pm

"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us."

-St John Vianney



Litany of Humility



O Jesus! meek and humble of heart, Hear me.

From the desire of being esteemed, *Deliver me, Jesus.*

From the desire of being loved, *Deliver me, Jesus.*

From the desire of being extolled, *Deliver me, Jesus.*

From the desire of being honored, *Deliver me, Jesus.*

From the desire of being praised, *Deliver me, Jesus.*

From the desire of being preferred, *Deliver me, Jesus.*

From the desire of being consulted, *Deliver me, Jesus.*

From the desire of being approved, *Deliver me, Jesus.*

From the fear of being humiliated, *Deliver me, Jesus.*

From the fear of being despised, *Deliver me, Jesus.*

From the fear of suffering rebukes, *Deliver me, Jesus.*

From the fear of being calumniated, *Deliver me, Jesus.*

From the fear of being forgotten, *Deliver me, Jesus.*

From the fear of being ridiculed, *Deliver me, Jesus.*

From the fear of being wronged, *Deliver me, Jesus.*

From the fear of being suspected, *Deliver me, Jesus.*

That others may be loved more than I, *Jesus, grant me the grace to desire it.*

That others may be esteemed more than I, *Jesus, grant me the grace to desire it.*

That, in the opinion of the world, others may increase and I may decrease, *Jesus, grant me the grace to desire it.*

That others may be chosen and I set aside, *Jesus, grant me the grace to desire it.*

That others may be praised and I unnoticed, *Jesus, grant me the grace to desire it.*

That others may be preferred to me in everything, *Jesus, grant me the grace to desire it.*

That others may become holier than I, provided that I may become as holy as I should, *Jesus, grant me the grace to desire it.*

- Rafael Cardinal Merry del Val

Sacraments

Please remember all those being baptised

this month, Ada O'Brien, Yasmine Barqueiro, Alice Boussot, Ethan Cortez, Chloe Simonetti, Nikola Chlasta, Lena Lorek, Prince Eken, Skylar Brindley, Mia Mikos, Kaja Krampa. **We pray for them and their families as we welcome them into the Faith on this joyous occasion!**



Volunteers needed!

Our new parents need you! Do you enjoy meeting new people and making them feel welcome? Are you able to come and support our young families in the church and talk to them about Baptism?

Our parish Baptism Preparation team needs new members to support this important ministry. Baptism is **the first and most important sacrament** that our children will receive. We need more hands-on deck. You will be part of a team and training will be given. Do think and pray about it and contact Tina or the Parish Office for more information.

What's going on?

Cost of Living Conference. With no apparent end in sight to the cost-of-living crisis, and energy prices due to rise even further in the Autumn, Southampton City Council and Love Southampton will be hosting a 'Cost-of-Living Summit' in October. A printed copy (an A5 booklet) can be requested by emailing info@lovesouthampton.org.uk.

The summit aims to bring together public and voluntary sector organisations, residents, faith groups, and advice providers, to discuss practical ways to support people who are most in need. This is taking place on Friday 14th October between 9am - 4.30pm at Solent University. You can sign up for the event:

<https://www.eventbrite.com/e/cost-of-living-summit-tickets-396437825207>

Bishop Philip invites you to an **Ethnic Filipino Mass** in honour of San Lorenzo Ruiz on **Saturday 10th of September** at St. John's Cathedral **1:30pm**. Wear your Ethnic costumes. Contact for more info the Filipino Deacon Kim Cabatana on FaceBook (@Dcn Kim Cee) or email cabatanak@gmail.com or Fr Claro Conde on FaceBook (@Claro Conde) or email filipinochaplaincy@portsmouthdiocese.org.uk

Retrouvaille: A Programme for Couples Struggling in their Marriages. Retrouvaille is a programme to support couples who have difficulties in their marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information or to register for the next programme commencing with a **Virtual weekend on 13 - 16 October 2022 or a Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023**, call or text **07887 296983** or **07973 380443** or email retrouvailleukinfo@gmail.com or visit www.retrouvaille.org.uk

Consultation on a Draft Southampton Domestic Abuse and Violence Against Women and Girls Strategy 2022-2027. You are invited to comment on the draft. This is a partnership approach to tackling this abuse in Southampton. <https://www.southampton.gov.uk/SotonDAVWG>

St Ed's family of four (2 adults & 2 children) looking for short term rental accommodation from end of August to mid November. Kindly contact the Parish Office if you can help who will put you in touch with the family.

Food Banks The best place to check what donations are really needed is: <https://southamptoncitymission.co.uk/get-involved/how-to-donate> Please keep bringing extra items to church to donate, if you can! The most needed currently are:

Coffee (Small Jars), Custard, Sugar (Small Bags), Tinned Mixed Veg, Tinned Peas, Tinned Sweetcorn, Squash & Drinks, Tinned Tomatoes, Tinned Rice Pudding, Shampoo, Soap & Shower Gel, Male & Female Deodorant, Toothpaste



Congratulations to all students in the Parish who received results this week and last. We hope your hard work paid off and you are pleased!

A recent BBC poll found that **15% of British women had experienced pressure or coercion to have an abortion that they did not want.** This abuse must be stopped. Please sign SPUC's petition calling on the Health Secretary to urgently commission research into the area of abortion coercion, and in so doing recognise coerced abortion as a priority for health & social policy moving forward, see <https://www.spuc.org.uk/coercion>

Pilgrimages

1. In September **the relics of St Bernadette** will journey on pilgrimage to England for the very first time. This very special once in a lifetime event will provide an opportunity for people of all ages and backgrounds to experience the special gifts and charisms of Lourdes. Portsmouth Cathedral (St John's) will be our closest venue. To register see <https://stbernadette.org.uk/registration/> Slots go from 9.30am on Thursday 8th September to 10am on Friday 9th September in 15 minute intervals. See posters at the back of church for further details about processions and Masses.
2. **A visit/pilgrimage to Portugal culminating in Fatima: 12th-19th October.** The cost is £895 (sharing) which includes breakfast & evening meals (except for one fish lunch), pilgrims are responsible for lunch if desired. For full details please refer to the brochure available from the back of church or from Godfrey Doyle godfreydoyle@gmail.com. Once numbers have been ascertained a coach will be booked at a modest fee for transport to and from St Edmund's and the airport.

Weekly Green Living Suggestions...

With our oceans overflowing with plastic, wild fires raging across the globe and fossil fuel use continuing to be a major energy source, the environment and our impact on it is high on the agenda.

The way we treat our planet now could change the face of it for decades to come.

Find out what you could save, and the environmental impact you could have, by living more sustainably with our new **Sustainable Living Calculator**.

As was discovered in a sustainable living survey, approximately 43% of British adults are happy to spend more money on greener goods, while 42% of us worry about the impact our own shopping habits are having on the environment...

For example, **choosing unwrapped, less expensive goods** instead of plastic-wrapped organic produce, could **save you over £2,700** and still have a positive environmental impact.

Did you know that **paying by card is between 1.3 and 1.5 times greener than paying with cash?**

Why not check it out to see if you can be making some affordable sustainable changes?

<https://www.money.co.uk/content/sustainable-living>



MASS INTENTIONS FOR WEEK COMMENCING SUNDAY 28TH AUGUST

SJ REFERS TO ST JOSEPH'S (BUGLE STREET, SO14 2AH) & SE IS ST EDMUND'S (THE AVENUE, SO17 1XJ)

Saturday 27th August	6:15pm SJ	Peter Terry RIP
<i>St Monica</i>	7:00pm SE	Msza Polska / Mass in Polish
Sunday 28th August	9:00am SE	Karen Nugent RIP B'day Anniversary
<i>Twenty-second Sunday</i>	10:00am SJ	Kevin Duggan RIP 1st Anniversary
<i>in Ordinary Time</i>	11.00am SE	For Those in Need
	7:00pm SE	Thanksgiving to Almighty God for His Eternal Love
Tuesday 30th August	10:00am SE	Gretta Phelan RIP
<i>Ss Margaret Clitherow, Anne Line & Margaret Ward</i>		
Wednesday 31st August	7.00pm SE	Quickness in the Perfection of All Saints
<i>St Aidan & All Saints of Lindisfarne</i>		
Thursday 1st September	12.15pm SJ	Charles Kuitenbrouwer RIP
Friday 2nd September	7.00pm SE	Terry & Goretta Lennon Wedding Anniversary Blessings
Saturday 3rd September	11:00am SE	Gloria & Julian Wong
<i>St Gregory the Great</i>	6:15pm SJ	For the People of the Parish
Sunday 4th September	7:00pm SE	Msza Polska / Mass in Polish
<i>Twenty-third Sunday</i>	9:00am SE	Sebastian Monteiro RIP
<i>in Ordinary Time</i>	10:00am SJ	Madeleine Elizabeth Warburg RIP
	11.00am SE	Healing of All Sick
	7:00pm SE	Franceschina Ardani RIP

28th August

Psalm Response:

*In Your goodness, O God,
You prepared a home for
the poor.*

Gospel Acclamation:

Alleluia, alleluia!

If anyone loves Me he will
keep My word, and My
Father will love him, and We
shall come to him.

Alleluia!

Readings 4th September

First Reading:

Wisdom 9: 13-18

Second Reading:

Philemon 9-10, 12-17

Gospel:

Luke 14: 25-33

21st August 1st Collection

SO: £521.12 Cash: £758.15

TOTAL: £1,279.27 Thanks!

Confessions are held at **St Joseph's**
on Thursdays at 11.45am &
Saturdays 5.45pm and at **St**
Edmund's on Saturdays after that
11am Mass

Fire Warden Training. Thank you to those who left their details with the priests for training. The training will take place in the afternoon at St Edmund's on the 1st of October, time to be confirmed. If you would like to join you are welcome - the more the merrier!
Anna will be in touch with those who have already volunteered.

CONTACT DETAILS

Parish Priest: Monsignor Canon Vincent Harvey
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Assistant Priest: Father Johnpromise Umeozuru
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Deacon: Deacon Andy Philpott aphilpott@portsmouthdiocese.org.uk
Parish Secretary: Miss Anna Smyllie 023 8033 3589
Parish Office Address: St Edmund's Lodge, The Avenue, SO17 1XJ
Parish Email: office@southamptoncitycentrecatholics.org
Parish Website: www.southamptoncitycentrecatholics.org
Pastoral Assistant: Tina Quinn tquinn@portsmouthdiocese.org.uk
Catholic Home Care: catholichomecare@portsmouthdiocese.org.uk
Mrs Anne Monaghan 023 8017 0498 / Mrs Marina Joyce 023 8017 0501
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Solent Chaplain:
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Our Diocese: Portsmouth Catholic Diocese
Their Website: www.portsmouthdiocese.org.uk
Their Facebook & Twitter: [@PortsmouthRC](https://www.facebook.com/PortsmouthRC)
Email communications@portsmouthdiocese.org.uk to share any news with the wider Diocese

*"Get used to lifting your heart to God, in acts of thanksgiving, many times a day. Because He gives you this and that. Because you have been despised. Because you haven't what you need, or because you have.
Thank Him for everything, because everything is good."
- St Josemaria Escriva*

Bishop Philip's 10th Anniversary Mass

A thanksgiving Mass will be held on **Thursday the 29th September at 12pm** in the Cathedral, followed by a reception including drinks and nibbles in the Cathedral centre. To attend email kmcguire@portsmouthdiocese.org.uk

PARISH MISSION STATEMENT:

*We the people of St Joseph's and St Edmund's City Centre Catholic Parish, Southampton, sisters and brothers in Christ, accept as our mission, in the service of God and as a community of disciples:
- to share God's love with all those we meet*



- to welcome all so as to help others find and recognise Christ in their lives

- to exercise mercy and understanding with ourselves and others.

Join the Parish!