











Glimpsing the face of the Father.....through you!

The disciples of the gospel have reflected before all Your light, Jesus, and the world glimpses the face of the Father.

Little by little, the fire of love repels the night.

Blessed are those who see in each one Your light: In their houses, they are sources of light.

> Little by little, the fire of love repels the night.

Blessed are those who are forgiven: In their turn, they radiate peace.

Little by little, the fire of love repels the night.

Blessed are those who open their hands and give: The joy of God shines upon them.

> Little by little, the fire of love repels the night.

> > Commission Francophone Cistercienne

Questions to Ponder for the Week...

- 1. Jesus says (Gospel) "You are salt of the earth......You are the light of the world....." You!! Yes you!! In what way are you 'salt' and 'light'?
- 2. Isaiah, in the first reading says, "...your light will rise in the darkness.." if you 'share your bread', 'shelter the homeless', 'clothe the naked', if you 'do not turn away from your own kin'. Do you do these things? Could you do these things? When? How?
- 3. "Faith", St Paul says in the 2nd reading, "depends on the power of God"! Do you let God be God?

Today's Notices

Fifth Sunday in Ordinary Time

Family Masses at 9 & 10am where the children participate more fully

Please continue to **sanitise hands** on entry to the church

Next Sunday Notices

Sixth Sunday in Ordinary Time

Talk & Promotion of 'Cell Groups' during Masses Baptism in St Edmund's

This Week...

Tues St Michael's Meditation Group @ 6pm

Pre-Marriage Course on Zoom

Wed Evening Prayer @ 6pm.... to join email Dcn Andy

Journey in Faith @ 7.30pm St Edmund's Hall

Thurs Richard Rohr Group @ 5pm on Zoom For Info...

Mon Day off: JP / VH

Tues King Edward College: VH

SLT: VH/JP/TQ/AP/LS

St George Govs: VH
Wed Team Meeting: VH/JP

Fri Jesu Caritas: VH

Clergy Ministry Group: VH

Sacraments

Please remember especially in your prayers all those who have died recently.

Pray for Kimberley Slater who died recently, remembering also her parents & family in your prayers.

Please pray for Ariella who will be baptised this month. We remember her in our prayers as she enters the Faith, and also remember her parents and godparents as they undertake the promises involved in baptism.

This will be the last baptism in the Parish before Easter, as we enter Lent in a few weeks. The ancient model of Lent is a desert period of dryness and preparation, where we avoid sacraments like baptism to allow us to reflect on the privilege it is to have the sacraments throughout the rest of the year.

Prayers

Adoration We are in need of more parishioners to cover the following days and times: *Mondays 3-6pm, Tuesdays 1-3pm, Wednesdays 2-6pm & Fri 12-2pm*. Please contact Anna on **07956 379 542** if you feel able to

join Adoration during the week in St Edmund's!

The Pope's Prayer Intentions:

February - For parishes

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Please remember especially in your prayers Sr Maria Innocenta, Mary Mullen, Christopher Browne, Peter Scott, Vasile, Michaela and all in the Parish who are ill, dying, undergoing treatment or experiencing distress.

A Few Words...

I had a good **5 days break** two weeks back, with plenty of sleeping, walking, eating and......! Thank you Father Johnpromise for holding the fort.

Thank you to the few individuals who have given a few hundred pounds towards our **heating expenses**. Most thoughtful, kind and helpful. Some were able to '**Gift Aid**' what they gave which added a substantial amount to the total. Thank you!!

Lent is on the horizon (Ash Wednesday 22nd February) so begin to think of what you could do during Lent, or not do in terms of 'change', and how you could maybe alter your schedule to make Lent a time of spiritual and personal growth! Early Mass on a Wednesday? Stations of the Cross on a Friday & Sunday? Evening Prayer online on a Wednesday & Sunday? Participate in a Lent Group ('Belong & Believe' course on line; a couple of courses reflecting on care of the environment)...watch this space and the newsletter in general!

Father Tom Grufferty has put together a YouTube video on **Saints in February**. You might enjoy it: https://youtu.be/y6Rf1GdBhtw

Have a good week... Vincent H

A Valentine Opportunity for Married Couples

Portsmouth Marriage and Family life team are hosting their first 'Breakthrough' workshop on the **11th February**. This could be a lovely gift for spouses during National Marriage Week and a precursor for their Valentine's Day celebration.

Breakthrough offers couples some opportunity and strategies to overcome communication 'gridlock'. We often hear that it takes Two to Tango BUT we demonstrate that it takes ONE to change the dance.

Breakthrough is an individual experience. Spouses may attend as a couple or come alone. There is NO sharing. Rooted in sound psychology and Catholic theology, practical insights and tools are on offer for participants. All you need to bring is a pen for the exercises. Contact the MFL office for more details on

The Workshop will take place on **Saturday 11th**

marriagefamilylife@portsmouthdiocese.org.uk.

February 10am-2.30pm at Holy Family in Southampton SO16 4PL, To register, kindly settle your invoice of £15/person or £25/couple, in advance of the workshop and email the marriage family life with your names and any dietary requirements. The money is payable to Marriage and Family Life (MFL) Portsmouth Diocese. The MFL details are as follows: Name of Account:- CDP MARRIAGE AND FAMILY LIFE; Sort Code 30-80-27 Account number 34526960. Please use reference "your surname-BT"

What's going on?

If you're looking for a focus for Lent, the Dominican Sisters are running 6 online sessions explaining the sacrament of **Reconciliation** to adults through scripture and art, which will also serve as a Lenten retreat, every Tuesday evening during Lent. The details are here: https://www.lightoftruth.uk/event-details/reconciliation-anchoring-you-in-happiness-2023-02-28-19-30

Poetry Share. We are hoping to restart Poetry Share in March 2023, and if you are interested in this group we would be delighted to hear from you.

To find out more about the Poetry Share group, and register an interest in joining us, please email Kate Greaves at poetryshare@btinternet.com

St Edmund's Repository is stocked with statues, medals, candles, rosaries, faith jewellery, religious gifts and books. We also have a selection of missals, bibles and cards. If you would like to purchase something from the repository it is open throughout the month at various times depending on volunteers, but it is open every first Sunday of the month after the 9am and before the 11am Mass. It is possible to pay via cash or to use the contactless machine at the back of church.

Marriage Encounter are pleased to offer you the opportunity to refresh, deepen and bring joy into your relationship by attending one of our enrichment experiences either in person or online. The experience offers precious quality time to support lifelong relationships, personal and spiritual growth, all in a Catholic faith context. Our next Marriage Encounter experiences are: (in person) Swindon on the 3-5 March 2023 and on (online) 13/14 May. Full details of all our experiences can be found at https://wwme.org.uk.

Bishop Philip on the Ten Year Plan I wish hereby to thank all the parishes and individuals who responded to the consultation about our ten-year mission plan 'You will be My Witnesses'. We have had over 60 parish responses and 46 individual responses. The feedback will now be analysed to inform the final shape of the plan. A group of clergy and lay people are helping us with this so that the detail can be further tested and refined. The work will include a small number of meetings and comment on the material as it is developed. If you are interested in helping with this aspect of the plan, please let us know via the dedicated email address: missionplan@portsmouthdiocese.org.uk

Food Banks Please consider donating to Southampton City Mission Food Bank if you are able to. You can do this by making use of the collection baskets in supermarkets when you go shopping, or by bringing items with you to church to place in the boxes in the porches.

To check on the current out of stock items please see below link.

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https://southamptoncitymission.co.uk/getinvolved/how-to-donate

Donating to the Parish

Recently several people have approached the Office to ask how they can donate to the church, which has prompted us to share with the wider parish. Your generosity to the Parish really makes a difference.

Bank Account Name CDP SOUJE Number 00888223 Sort Code 30-93-04

- 1) Standing Orders are reliable predictable income which helps the parish to budget. You can easily set up a standing order with your bank: online, by telephone, by post or by visiting a local branch.
- **2) Bank Transfers** are equally easy as long as the bank account reference is clearly in your name.
- **3) Cash in the Collection** during Mass. The Parish then counts this money whereas via bank transfer the money is paid directly to the account and easier for us to process.
- **4) Cheques** (made payable to CDP SOUJE) put in the collection or sent to the Parish Office.
- **5) Contactless Machines** at the back of each church.
- **6) Online** via the link on the website or the QR code on the front page of the Newsletter.

Gift aid can be claimed on all of the above where appropriate, which brings an additional 25% to the donations!

Perhaps you have had your current standing order at the same amount for several years. We would invite you to consider increasing this if you are in a position to. Our bills have increased substantially in recent months, and we directly rely upon increased contributions from Parishioners to make ends meet.

The current Cost of Living crisis is affecting all of us in different ways, some more than others, so if you are unable to increase your donation this is understandable. In Mark's gospel the story of the widow's mite describes a widow who gives two small copper coins to the temple treasury. Jesus witnesses this offering and describes how great her gift is, because it represents a greater proportion of her wealth than the larger gifts of other religious leaders.

We are all called to support the church where we can and how much we can give looks different for each of us. Ask yourself: "What are my two copper coins, and how can I give them?"

I can't afford to donate to the church financially at this time, is that okay? Absolutely. We 'donate' to the church in many ways, financially when we are able but also through the gifts of our time, talents and prayer. Perhaps in place of a Sunday offering you could commit to praying for the development of our parish each Mass?

MASS INTENTIONS FOR WEEK COMMENCING SUNDAY 51H FEBRUARY				
SJ REFERS TO ST JOSEPH'S (B	UGLE STREET	r, 801	14 2AH) & SE IS ST EDMUND'S (THE AVENUE, SO17 IXJ)	
Saturday 4th Feb	6:15pm	SJ	People of the Parish	Tł
Our Lady on Saturday				the
Sunday 5th Feb	9:00am	SE	Stella & Fred Winter RIP	
5th Sunday in	10:00am	SJ	Stefan & Miroslawa RIP	
Ordinary Time	11.00am	SE	Mary O'Reilly, Health & Wellbeing	Ia
	7:00pm	SE	Staff of Highland caring for Mary O'Reilly	say fo
Tuesday 7th Feb	10:00am	SE	Jane Wastall (4th), all the Children in the	10
Feria			World, Birthday Blessings & Good Health	
Wednesday 8th Feb	7.00pm	SE	Intentions of Jose Leonardo ど family	-
Thursday 9th Feb	12.15pm	SJ	Eileen & Peter Coles RIP	
Friday 10th Feb	7.00pm	SE	Kathleen Lyons RIP	
St Scholastica				
Saturday 11th Feb	11.00am	SE	Christopher Wong RIP	
Our Lady of Lourdes	6:15pm	SJ	Thanksgiving	
Sunday 12th Feb	9:00am	SE	Tony Patterson & John Freeman RIP	
6th Sunday in			ಆ Ellen ಆ George Patterson RIP	
Ordinary Time			ಆ Bernadette Kerr RIP	
	10:00am	SJ	Sarah Kennedy-Donnelly RIP	
	11.00am	SE	People of the Parish	

MASS INTENTIONS FOR WEEK COMMENCING SIINDAY 5TH FERRIIARY

5th February Psalm Response:

The good man is a light in the darkness for the upright.

Gospel Acclamation

Alleluia, alleluia!
I am the light of the world, says the Lord, anyone who follows Me will have the light of life.
Alleluia!

29th Jan 1st Collection

SO: £265 Cash: £879.34 Contactless: £278 Gift Aid: £38.75 TOTAL: £1,461.09 Thank you.

12th February 1st Reading:

Ecclesiasticus 15:15-20 Psalm: 118 2nd Reading:

1 Corinthians 2:6-10 **Gospel:**

Matthew 5:17-37

CONTACT DETAILS

7:00pm SE

Parish Priest: Monsignor Canon Vincent Harvey

Email Address: vharvey@portsmouthdiocese.org.uk 023 8033 4891

Assistant Priest: Father Johnpromise Umeozuru

Email Address: jumeozuru@portsmouthdiocese.org.uk 02380 172 104

Presbytery Address: 14 Rockstone Place, Southampton, SO15 2EQ

Deacon: Deacon Andy Philpott aphilpott@portsmouthdiocese.org.uk

Parish Secretary: Miss Anna Smyllie 023 8033 3589

Parish Office Address: St Edmund's Lodge, The Avenue, SO17 1XJ

Parish Email: office@southamptoncitycentrecatholics.org Parish Website: www.southamptoncitycentrecatholics.org

Our Instagram: SouthamptonCityCentreCatholics

Our FaceBook: @SotonCatholicsCityCentre

Our Twitter: @SotonCatholics

Safeguarding: safeguarding@southamptoncitycentrecatholics.org
Pastoral Assistant: Tina Quinn tquinn@portsmouthdiocese.org.uk
Catholic Home Care: catholichomecare@portsmouthdiocese.org.uk

Mrs Anne Monaghan & Mrs Marina Joyce 023 8017 0498

Polish Chaplaincy: Father Mariusz Urbanowski

Telephone: 02381786316 southampton@pcmew.org

Stella Maris (AoS): Mr Charles Stuart Mob No 07843 739579

Catholic Chaplains:

Sr Emiliana Silva e.silva@soton.ac.uk 07426 000213

Father Benjamin Theobald btheobald@portsmouthdiocese.org.uk

Solent Chaplain:

Sr Issy Kirby volunteer239@solent.ac.uk 07414 462636

Vocations: www.portsmouthvocations.org/

Diocesan Website: www.portsmouthdiocese.org.uk
Diocesan Facebook & Twitter: @PortsmouthRC

We are part of Catholic Diocese of Portsmouth, Registered Charity Number 1199568.

Green Living Update...

Birthday Blessings Leegy

A course for Lent. Plenty (Joy in Enough)

Plenty is a six week small group discussion resource for churches equipping Christians to understand more about the economic drivers of the current ecological crisis such as climate change and biodiversity loss. It looks at why we are facing these crises and what we can do about it. Plenty is a Christian initiative which works through churches to advocate for a fair and green economy. We will be running this course jointly with ASA on zoom on Monday evenings during Lent commencing on Monday 27th February. If you would like to find out more please email Tina tquinn@portsmouthdiocese.org.uk or to sign up or register your interest please fill in this form

https://forms.office.com/e/SVdrGYngng

'Reducing the causes of climate change is essential to the life of faith' - Archbishop Justin Welby

Confessions

St Joseph's on Thursdays at 11.45am & Saturdays 5.45pm

St Edmund's on Saturdays after the 11am Mass

PARISH MISSION STATEMENT:

We the people of St Joseph's and St Edmund's City Centre Catholic Parish, Southampton, sisters and brothers in Christ, accept as our mission, in the service of God and as a community of disciples:

- to share God's love with all those we meet

- to welcome all so as to help others find and recognise Christ in their lives

- to exercise mercy and

understanding with ourselves and others.



Join the Parish!